

# Three Heart Attitudes for Long-Term Healthy Ministry

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## 1. Stay plugged into Jesus and prioritize self-care

- If your inside isn't healthy, you're in serious trouble.
- Luke 6:45 (NLT) *A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.*
- You get to be an "A" through depth and intimacy with the Lord, not workshops.
- Resource: [The Road Back to You: An Enneagram Journey to Self-Discovery by Ian Morgan Cron and Suzanne Stabile.](#)

## 2. Find meaning in Jesus, rather than people's feelings

- Luke 10:20 (NLT) *"But don't rejoice because evil spirits obey you; rejoice because your names are registered in heaven."*
- Focusing on other people's feelings leads to unhealthy highs and lows.

## 3. Help your people focus on people far from God, not on you

- Isaiah 49:6 (NLT) *He says, "You will do more than restore the people of Israel to me. I will make you a light to the Gentiles, and you will bring my salvation to the ends of the earth."*
- Get out of the car and care for the people in your actual community.

